

# Hearing protection

🕒 Duration : 60min

FRENCH

ENGLISH

SPANISH

Despite decades of regulation, noise-induced hearing loss continues to be one of the most common occupational injuries in many industries. It is important that the means of prevention are implemented effectively to prevent the spread of these high noises and to cause damage to the ear.

To do this, it is essential to contain noise at the source. In addition, the application of good working methods and compliance with safety rules are essential conditions for effective prevention.

## 🎯 Target audience

It is intended at the majority of sectors that face a high sound environment every day.

## ☰ Teaching and evaluation methods

The learning method for this online training is based on interactivity, dynamism and self-learning. The training will be done at the pace of the learner and according to his/her availability. Your understanding and skills will be evaluated at the end of each module.

You'll need to correctly answer all the questions in the current module, which will be presented in « true or false » or « multiple choice » questions to continue your progress. If you fail, you'll have to repeat the module.



## 📌 Legal notice

There are no legal notice associated with this training. No other training or experience is required.

## ⚖️ Intellectual integrity

Given the seriousness of the approach and the importance of the knowledge acquired through this training, the team of SSTenligne invites you to respect the integrity of the training and its questionnaires.

We suggests you answer to the best of your knowledge, that is, without help and without plagiarism.

# Targeted learning

## Hearing protection

<b>Module 1</b>	<b>Welcome</b>
<b>Module 2</b>	<b>Introduction</b>
	<ul style="list-style-type: none"><li>– Types of noise</li><li>– Hearing</li><li>– Employer obligations</li></ul>
<b>Module 3</b>	<b>Health effects of noise</b>
	<ul style="list-style-type: none"><li>– Occupational deafness</li><li>– Acoustic trauma</li><li>– Tinnitus</li><li>– Temporary or permanent hearing loss</li><li>– Presbycusis</li><li>– Recovery time</li></ul>
<b>Module 4</b>	<b>Preventive measures</b>
	<ul style="list-style-type: none"><li>– Reduce noise at the source</li><li>– Isolate any noise exceeding the standard</li><li>– Soundproofing workspaces</li><li>– Administrative measures</li><li>– Protect workers' ears</li></ul>



# Targeted learning

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Module 5	<b>Hearing protectors</b>
	<ul style="list-style-type: none"><li>– Choosing a hearing protector</li><li>– Types of hearing protectors</li><li>– Advantages and disadvantages</li></ul>
Module 6	<b>Specifications</b>
	<ul style="list-style-type: none"><li>– Insertion technique</li><li>– Maintenance and storage</li><li>– Audiometric tests</li></ul>
Module 7	<b>Conclusion</b>

