

Forklift / Telescopic forklift

🕒 Duration : 120min

FRENCH

ENGLISH

SPANISH

The forklift is one of the greatest industrial innovations of the past century. Its creation has completely modified the working habits of thousands of companies in the world.

In order to be able to operate the equipment safely, it is essential that the user know all the safety rules that apply to his/her profession. In addition, he/she must know and be able to control the related risks in order to avoid difficult or hazardous situations.

🎯 Target audience

It is primarily intended for regular and casual workers who want to use a lift truck or telescopic forklift for handling. Whether you work in the industrial or construction field, or you are simply interested in acquiring new skills, this training is for you.

☰ Teaching and evaluation methods

The learning method for this online training is based on interactivity, dynamism and self-learning. The training will be done at the pace of the learner and according to his/her availability. Your understanding and skills will be evaluated at the end of each module.

You'll need to correctly answer all the questions in the current module, which will be presented in « true or false » or « multiple choice » questions to continue your progress. If you fail, you'll have to repeat the module.



🔗 Legal notice

In order to comply with **RROHS section 256.3**, the employer must offer practical training under the supervision of an instructor.

According to **CSA standard B335-15**, forklift operators must update their training every **3 years**.

🎓 Intellectual integrity

Given the seriousness of the approach and the importance of the knowledge acquired through this training, the team of SSTenligne invites you to respect the integrity of the training and its questionnaires.

We suggests you answer to the best of your knowledge, that is, without help and without plagiarism.

Targeted learning

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Module 1	Introduction
Module 2	Risks of accident
Module 3	Basic knowledge
	<ul style="list-style-type: none"> – Description of the forklift truck – Forklift truck components – Safety devices
Module 4	Complementary knowledge
	<ul style="list-style-type: none"> – Driving power – Nominal capacity – Tires
Module 5	Main accessories
	<ul style="list-style-type: none"> – Mechanical accessories – Hydraulic accessories
Module 6	Stability - Part 1
	<ul style="list-style-type: none"> – Basic understanding



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Module 7	Stability - Part 2
	<ul style="list-style-type: none">- Frontal tip-over- Lateral tip-over- Means of prevention
Module 8	Inspection and preventive maintenance
Module 9	Safe driving - Part 1
	<ul style="list-style-type: none">- Personal protective equipment- Before moving with the forklift truck- When moving
Module 10	Safe driving - Part 2
	<ul style="list-style-type: none">- Specific maneuvers- Stacking and unstacking- End of activities
Module 11	Telescopic lift truck - Part 1
	<ul style="list-style-type: none">- What is it?- Work area- Stabilizers



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Module 12	Telescopic lift truck - Part 2
	<ul style="list-style-type: none">– Preparation before starting to work– During work– Hand signals
Module 13	Telescopic lift truck - Part 3
	<ul style="list-style-type: none">– Contraindicated use– Stopping and parking– Transfer and transportation
Module 14	Lifting a worker
Module 15	Lift truck and pedestrian coexistence
Module 16	Conclusion

