

Respiratory protection

⌚ Duration : 60min

FRENCH

ENGLISH

SPANISH

Nowadays, a large number of workers are asked to perform work in the presence of hazardous materials. These materials very often produce contaminants which mix with the air in the workplace.

In order to preserve workers' respiratory health where there is contaminated air, it is essential to wear a respiratory protective device that is appropriate for the situation and ensure that it corresponds with the contaminants in the air.

🎯 Target audience

If you work in construction or industrial cleaning, or are simply interested in developing new skills, this training is for you.

☰ Teaching and evaluation methods

The learning method for this online training is based on interactivity, dynamism and self-learning. The training will be done at the pace of the learner and according to his/her availability. Your understanding and skills will be evaluated at the end of each module.

You'll need to correctly answer all the questions in the current module, which will be presented in « true or false » or « multiple choice » questions to continue your progress. If you fail, you'll have to repeat the module.



🔑 Legal notice

There are no legal notice associated with this training. No other training or experience is required.

⚖️ Intellectual integrity

Given the seriousness of the approach and the importance of the knowledge acquired through this training, the team of SSTenligne invites you to respect the integrity of the training and its questionnaires.

We suggests you answer to the best of your knowledge, that is, without help and without plagiarism.



The fit test is MANDATORY and must be carried out by a trained and qualified person. If there is no one in your company to carry out this task, it is important to call in an outside firm.

Targeted learning


Respiratory protection

Module 1	Introduction
Module 2	Selecting respiratory equipment
	<ul style="list-style-type: none"> – Oxygen level – Contaminants in the air – Contaminants concentration in the air – Conditions of exposure – Intended use of respiratory protective – User
Module 3	Respiratory protective equipment categories
Module 4	Fit and seal
	<ul style="list-style-type: none"> – Fit test – Leak test – Negative pressure test – Positive pressure test – Donning and adjusting – Facial hair
Module 5	Filters and cartridges
	<ul style="list-style-type: none"> – Filter elements – Particulate filter discs – Chemical cartridges – Chemical cartridges service time – Factors reducing service time – Problems during use



Targeted learning

Respiratory protection

Module 6	Maintenance	
	<ul style="list-style-type: none">- Summary cleaning and disinfection- Inspection- Storage	
Module 7	Conclusion	